

INSTRUCTIONAL HOURS: 26

RECOMMENDED PRE-REQUISITE(S): CED1034 and CED1033

CO-REQUISITES: N/A

APPROVED FOR USE IN ACADEMIC SEMESTERS: 2010/2011

COURSE DESCRIPTION:

RN or RPN, certificate of completion Advanced nursing foot care, current CNO certificate of registration, professional insurance in the amount of \$3 million liability/malpractice (obtained through your nursing association).

Course of study: 26 hours includes 8 hours of class room theory and 12 hours of practical experience with emphasis on high risk assessment skills and on the development of educational programmes for clients, and 6 hours for exam, assigned readings and a client centered project. Following registration the instructor will contact you to arrange dates and times for your class.

RATIONALE:

Opportunities for additional knowledge and the practical application of concepts and skills of advanced footcare in a simulated and actual client setting is essential preparation for the RN and RPN to function within the scope of practice as defined in the Regulated Health Professions Act.

COURSE DELIVERY:

The course content <u>may</u> be presented through a blend of instructional methods, including lecture, Internet, discussion, independent study, audio/video conferencing and videotape.

LEARNING OBJECTIVES/OUTCOMES:

Upon successful completion of this course, the student will be able to:

- 1. Describing Impact
 - <u>Potential Elements of the Performance:</u> describe the current impact of diabetes in our community including prevalence, diagnosis, Type 1 and Type, treatment and management, nutrition and medications.
- 2. Describing Complications
 - <u>Potential Elements of the Performance</u>: describe the complications in foot care including the 6 stages of ulceration of the diabetic foot.
- 3. Describing Sensitivity Testing
 - <u>Potential Elements of the Performance</u>: describe and demonstrate sensitivity testing of the diabetic foot/feet.
- 4. Demonstrate Health Teachings
 - <u>Potential Elements of the Performance</u>: demonstrate health teaching and education for the diabetic specific to foot care
- 5. Demonstrate Community Awareness

 <u>Potential Elements of the Performance</u>: demonstrate increased community awareness in the area of diabetes and diabetic foot care.

6. Perform a Literature Review
<u>Potential Elements of the Performance</u>: demonstrate the ability to carry out a literature review related to Diabetes.

TOPICS

- 1. Diabetes: a review of the disease process including prevalence, diagnosis, Type 1 and Type 2, treatment and management, nutrition and medications
- 2. Six stages of ulceration of the diabetic foot/feet
- **3.** Wound care of the lower leg(review)
- 4. Health teaching and education for the diabetic specific to foot care
- 5. Community awareness including community resources for the diabetic
- **6.** Literature review

REQUIRED COURSE MATERIAL: (to be purchased by the learner)

Lazenby, Cindy (2008). Nursing Foot Care Management: Basic, Advanced & Diabetic

Various hand outs from community organizations.

Handouts supplied by the instructor

CNO Practice Standard: Infection Prevention and Control (2004/2008). Download from: http://www.cno.org/docs/prac/41002infection.pdf

CNO Practice Standard: Documentation (2004). Download from http://www.cno.org/docs/prac/41001 documentation.pdf

STUDENT EVALUATION

Evaluation of learning is guided by the learning outcomes and arrived at conjointly through student/teacher interactions.

Students will:

- Successfully complete an in-class test
- Demonstrate proficiency of skill and knowledge in diabetic foot care in lab application and class discussions
- Demonstrate proficiency of skill and knowledge in clinical sessions
- Meet the requirements for attendance (26 hours)

At the end of the course the student will receive a final report noting his/her progress in relation to the learning outcomes. Upon completion of all course requirements the student will receive a certificate of completion.

At the end of the semester, the student can access their final grade on their student portal at my.saultcollege.ca. The student's progress will be recorded using the following grades.

S - Satisfactory achievement in field /clinical placement or non-graded subject area.

U - Unsatisfactory achievement in field/clinical placement or non-graded subject area

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Monique Lafreniere

Academic Manager

Signature "Laurie Poirier"

NOTICE TO ALL STUDENTS:

We urge you to retain this course outline for future reference. There is

a charge for additional copies.